

in case of...

# Sexual Harassment

YOU ARE NOT POWERLESS



1

## KEEP A RECORD -

Take notes, save screenshots & emails, and keep them outside of work.

You must notify your employer to get the process started. (time frames vary by state) Keep a record of this report.

2

## TELL YOUR EMPLOYER -

## WHAT TO LOOK OUT FOR -

touching

verbal abuse

coercion

3

## MAKE IT OFFICIAL -

If your employer retaliates or fails to help, report them to the Equal Employment Opportunity Commission (eeoc.gov). State law varies, but incidents usually must be reported within 180-300 days.

4

## FIND ALLIES -

[timesupnow.com](http://timesupnow.com)  
[betterbrave.com](http://betterbrave.com)  
[equalrights.org](http://equalrights.org)

#timesup